

## LIFESTYLES

### Part 1

Relate the following quotation and questions to the images above.

"There are eight million stories in the naked city" —Jules Dassin, The Naked City

Describe a lifestyle you consider healthy and balanced. How does environment impact lifestyle? Is the lifestyle trend going towards urban or rural living? How does it show?



### Part 2: Monologue

You have a few minutes to think of answers to the following questions. You are expected to give full answers.

1. What do you think about lifestyles at present? / Do we live healthily? Why / why not?
2. How has life changed since “the good old days”? What triggered the changes?
3. What impact does people’s exercise or the lack thereof have on the economy?
4. Would you change anything about your lifestyle? What?